Breakfast

April 2022

Montessori Academy of Arcadia

(WG) - Whole Grain (WW) - Whole Wheat (MG) - Multi Grain

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Size Servings Ages 1-2 1.5 Ounces / 3/8 Cup 1/2 Slice / 1/4 Cup 1/4 Cup 1/4 Cup 3/4 Cup					WW) Bagels & Cream Cheese Orange Slices Milk and Water	Size Servings Ages 3-5 1.5 Ounces / 3/8 Cup 1/2 Slice / 1/4 Cup 1/4 Cup 1/4 Cup 3/4 Cup
3 Size Servings Ages 1-2 1.5 Ounces / 3/8 Cup 1/2 Slice / 1/4 Cup 1/4 Cup 1/4 Cup 3/4 Cup	Cream of Wheat Orange Slices Milk and Water	(WG) Pancakes Peach Slices Milk and Water	6 (MG) Cheerio Cereal Pear Slices Milk and Water	7 English Muffins Banana Milk and Water	8 (WW) Toast & Jelly Apple Sauce Milk and Water	Size Servings Ages 3-5 1.5 Ounces / 3/8 Cup 1/2 Slice / 1/4 Cup 1/4 Cup 1/4 Cup 3/4 Cup
10 Size Servings Ages 1-2 1.5 Ounces / 3/8 Cup 1/2 Slice / 1/4 Cup 1/4 Cup 1/4 Cup 3/4 Cup	11 (WG) French Toast Peaches Milk and Water	All Bran Cereal Apple Sauce Milk and Water	(WG) Waffles Pineapple Chunks Milk and Water	Kix Cereal Mandarin Orange Milk and Water	15 (WW) Bagels & Cream Cheese Orange Slices Milk and Water ilk	16 Size Servings Ages 3-5 1.5 Ounces / 3/8 Cup 1/2 Slice / 1/4 Cup 1/4 Cup 1/4 Cup 1/4 Cup 3/4 Cup
17 Size Servings Ages 1-2 1.5 Ounces / 3/8 Cup 1/2 Slice / 1/4 Cup 1/4 Cup 1/4 Cup 3/4 Cup 3/4 Cup	Cream of Wheat Orange Slice Milk and Water	19 (WG) Pancakes Peach Slices Milk and Water	20 (MG) Cheerio Cereal Pear Slices Milk and Water	21 English Muffins Banana Milk and Water	22 (WW) Toast & Jelly Apple Sauce Milk and Water	23 Size Servings Ages 3-5 1.5 Ounces / 3/8 Cup 1/2 Slice / 1/4 Cup 1/4 Cup 1/4 Cup 3/4 Cup
24 Size Servings Ages 1-2 1.5 Ounces / 3/8 Cup 1/2 Slice / 1/4 Cup 1/4 Cup 1/4 Cup 3/4 Cup	25 (WG) French Toast Peaches Milk and Water	26 All Bran Cereal Apple Sauce Milk and Water	27 (WG) Waffles Pineapple Chunks Milk and Water	28 Kix Cereal Mandarin Orange Milk and Water	29 (WW) Bagels & Cream Cheese Orange Slices Milk and W	30 Size Servings Ages 3-5 1.5 Ounces / 3/8 Cup 1/2 Slice / 1/4 Cup 1/4 Cup 1/4 Cup 3/4 Cup