

Lunch

April 2022

WG – Whole Grain

WW – Whole Wheat

MG – Multi Grain



Montessori Academy of Arcadia

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Size Servings Ages 1-2 1.5 Ounces / ⅜ Cup</p> <p>½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p>					<p>1</p> <p>Chicken Tenders Mashed Potatoes Peas Orange Slices Milk & Water</p>	<p>2</p> <p>Size Servings Ages 3-5 1.5 Ounces / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p>
<p>3</p> <p>Size Servings Ages 1-2 1.5 Ounces / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p>	<p>4</p> <p>(WG) Spaghetti with Meat Sauce Steamed Green Beans Peach Slices Milk and Water</p>	<p>5</p> <p>Chicken Dumplings Vegetable Fried Rice Broccoli Mandarin Oranges Milk and Water</p>	<p>6</p> <p>Chicken Burgers (WW) Potato Wedges Carrots Sticks Fruit Cocktail Milk and Water</p>	<p>7</p> <p>(WG) Chicken Flautas Mexican Rice With Corn Mixed Fruit Milk and Water</p>	<p>8</p> <p>Turkey & Cheese Sandwiches (WW) Carrot Sticks Banana Slices Milk and Water</p>	<p>9</p> <p>Size Servings Ages 3-5 1.5 Ounces / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p>
<p>10</p> <p>Size Servings Ages 1-2 1.5 Ounces / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p>	<p>11</p> <p>(WG) Cheese & Spinach Ravioli w/Marinara Sauce Steamed Peas Pear Slices Milk and Water</p>	<p>12</p> <p>Teriyaki Chicken Steamed Rice Broccoli Apples Slices Milk and Water</p>	<p>13</p> <p>Cheese Pizza Carrot Sticks With Ranch Banana Slices Milk and Water</p>	<p>14</p> <p>(WG) Cheese & Bean Burritos Spanish Rice Steamed Green Beans Peach Slices Milk and Water</p>	<p>15</p> <p>Chicken Nuggets Mashed Potatoes (WW) Bun Peas Orange Slices Milk and Water</p>	<p>16</p> <p>Size Servings Ages 3-5 1.5 Ounces / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p>
<p>17</p> <p>Size Servings Ages 1-2 1.5 Ounces / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p>	<p>18</p> <p>(WG) Fettuccini Alfredo With Chicken Mixed Vegetables Fruit Cocktail Milk and Water</p>	<p>19</p> <p>(WG) Chicken Noodle Stir Fry Steamed Broccoli Orange Slices Milk and Water</p>	<p>20</p> <p>(WW) Grilled Cheese Sandwiches Carrots with Ranch Dressing Banana Slices Milk and Water</p>	<p>21</p> <p>(WG) Cheese Quesadillas Spanish Rice Mixed Vegetables Fruit Cocktail Milk and Water</p>	<p>22</p> <p>(WG) Popcorn Chicken With BBQ Sauce Mashed Potatoes Steamed Corn Orange Slices Milk and Water</p>	<p>23</p> <p>Size Servings Ages 3-5 1.5 Ounces / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p>
<p>24</p> <p>Size Servings Ages 1-2 1.5 Ounces / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p>	<p>25</p> <p>(WG) Meat Lasagna Green Beans Garlic Bread Apple Slices Milk and Water</p>	<p>26</p> <p>Chicken Fried Rice Steamed Broccoli Pineapple Chunks Milk and Water</p>	<p>27</p> <p>(WG) Cheese Macaroni Steamed Peas Pear Slices Milk & Water</p>	<p>28</p> <p>(WG) Chicken & Cheese Taquitos Spanish Rice With Corn Mixed Fruit Milk & Water</p>	<p>29</p> <p>Sloppy Joes on a (WW) Bun Potato Wedges Peas and Carrots Orange Slices Milk and Water</p>	<p>30</p> <p>Size Servings Ages 3-5 1.5 Ounces / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p>