

# Breakfast

# December 2022



Montessori Academy of Arcadia

WG – Whole Grain    WW - Whole Wheat    MG – Multi Grain

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Size Servings Ages 1-2 1.5 Ounces / <math>\frac{3}{8}</math> Cup <math>\frac{1}{2}</math> Slice / <math>\frac{1}{4}</math> Cup <math>\frac{1}{4}</math> Cup <math>\frac{1}{4}</math> Cup <math>\frac{3}{4}</math> Cup</p>				<p>1 (WG) Chex Cereal Mandarin Oranges Milk &amp; Water</p>	<p>2 (WG) Croissant &amp; Jelly Apple Sauce Milk &amp; Water</p>	<p>3 Size Servings Ages 3-5 1.5 Ounces / <math>\frac{3}{8}</math> Cup <math>\frac{1}{2}</math> Slice / <math>\frac{1}{4}</math> Cup <math>\frac{1}{4}</math> Cup <math>\frac{1}{4}</math> Cup <math>\frac{3}{4}</math> Cup</p>
<p>4 Size Servings Ages 1-2 1.5 Ounces / <math>\frac{3}{8}</math> Cup <math>\frac{1}{2}</math> Slice / <math>\frac{1}{4}</math> Cup <math>\frac{1}{4}</math> Cup <math>\frac{1}{4}</math> Cup <math>\frac{3}{4}</math> Cup</p>	<p>5 Oatmeal Apple Sauce Milk &amp; Water</p>	<p>6 (WG) Pancakes Peach Slices Milk &amp; Water</p>	<p>7 (MG) Cheerio Cereal Pear Slices Milk &amp; Water</p>	<p>8 English Muffins Mandarin Oranges Milk &amp; Water</p>	<p>9 (WW) Bagel &amp; Cream Cheese Orange Slices Milk &amp; Water</p>	<p>10 Size Servings Ages 3-5 1.5 Ounces / <math>\frac{3}{8}</math> Cup <math>\frac{1}{2}</math> Slice / <math>\frac{1}{4}</math> Cup <math>\frac{1}{4}</math> Cup <math>\frac{1}{4}</math> Cup <math>\frac{3}{4}</math> Cup</p>
<p>11 Size Servings Ages 1-2 1.5 Ounces / <math>\frac{3}{8}</math> Cup <math>\frac{1}{2}</math> Slice / <math>\frac{1}{4}</math> Cup <math>\frac{1}{4}</math> Cup <math>\frac{1}{4}</math> Cup <math>\frac{3}{4}</math> Cup</p>	<p>12 WG) French Toast Peaches Milk &amp; Water</p>	<p>13 (WG) Waffles Pineapple Chunks Milk &amp; Water</p>	<p>14 All Bran Wheat Cereal Banana Slices Milk &amp; Water</p>	<p>15 (WG) Chex Cereal Mandarin Oranges Milk &amp; Water</p>	<p>16 (WG) Croissant &amp; Jelly Apple Sauce Milk &amp; Water</p>	<p>17 Size Servings Ages 3-5 1.5 Ounces / <math>\frac{3}{8}</math> Cup <math>\frac{1}{2}</math> Slice / <math>\frac{1}{4}</math> Cup <math>\frac{1}{4}</math> Cup <math>\frac{1}{4}</math> Cup <math>\frac{3}{4}</math> Cup</p>
<p>18 Size Servings Ages 1-2 1.5 Ounces / <math>\frac{3}{8}</math> Cup <math>\frac{1}{2}</math> Slice / <math>\frac{1}{4}</math> Cup <math>\frac{1}{4}</math> Cup <math>\frac{1}{4}</math> Cup <math>\frac{3}{4}</math> Cup</p>	<p>19 Oatmeal Apple Sauce Milk &amp; Water</p>	<p>20 (WG) Pancakes Pears Slices Milk &amp; Water</p>	<p>21 (MG) Cheerio Cereal Pear Slices Milk &amp; Water</p>	<p>22 English Muffins Mandarin Oranges Milk &amp; Water</p>	<p>23 <b>Day Before Christmas Eve School Closed</b></p>	<p>24 Size Servings Ages 3-5 1.5 Ounces / <math>\frac{3}{8}</math> Cup <math>\frac{1}{2}</math> Slice / <math>\frac{1}{4}</math> Cup <math>\frac{1}{4}</math> Cup <math>\frac{1}{4}</math> Cup <math>\frac{3}{4}</math> Cup</p>
<p>25 Size Servings Ages 1-2 1.5 Ounces / <math>\frac{3}{8}</math> Cup <math>\frac{1}{2}</math> Slice / <math>\frac{1}{4}</math> Cup <math>\frac{1}{4}</math> Cup <math>\frac{1}{4}</math> Cup <math>\frac{3}{4}</math> Cup</p>	<p>26 <b>Day After Christmas Day School Closed</b></p>	<p>27 (WG) Waffles Pineapple Chunks Milk &amp; Water</p>	<p>28 All Bran Wheat Cereal Banana Slices Milk &amp; Water</p>	<p>29 (WG) Chex Cereal Mandarin Oranges Milk &amp; Water</p>	<p>30 (WG) Croissant &amp; Jelly Apple Sauce Milk &amp; Water</p>	<p>31 Size Servings Ages 3-5 1.5 Ounces / <math>\frac{3}{8}</math> Cup <math>\frac{1}{2}</math> Slice / <math>\frac{1}{4}</math> Cup <math>\frac{1}{4}</math> Cup <math>\frac{1}{4}</math> Cup <math>\frac{3}{4}</math> Cup</p>

