

Breakfast

February 2023



Montessori Academy of Arcadia

(WG) – Whole Grain (WW) – Whole Wheat (MG) – Multi Grain

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Size Servings Ages 1-2 1 Ounce / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p>			<p>1 (WG) Waffles Pineapple Chunks Milk</p>	<p>2 English Muffins Banana Milk</p>	<p>3 (WW) Toast & Jelly Apple Sauce Milk</p>	<p>4 Size Servings Ages 3-5 1.5 Ounces / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p>
<p>5 Size Servings Ages 1-2 1 Ounce / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p>	<p>6 (WG) French Toast Peaches Milk</p>	<p>7 (WG) Pancakes Peach Slices Milk</p>	<p>8 (MG) Cheerio Cereal Pear Slices Milk</p>	<p>9 Kix Cereal Mandarin Orange Milk</p>	<p>10 (WW) Bagels & Cream Cheese Orange Slices Milk</p>	<p>11 Size Servings Ages 3-5 1.5 Ounces / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p>
<p>12 Size Servings Ages 1-2 1 Ounce / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p>	<p>13 Oatmeal Apple Sauce Milk</p>	<p>14 All Bran Wheat Cereal Mandarin Oranges Milk</p>	<p>15 (WG) Waffles Pineapple Chunks Milk</p>	<p>16 English Muffins Banana Milk</p>	<p>17 (WW) Toast & Jelly Apple Sauce Milk</p>	<p>18 Size Servings Ages 3-5 1.5 Ounces / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p>
<p>19 Size Servings Ages 1-2 1 Ounce / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p>	<p>20 School Closed Presidents' Day</p>	<p>21 (WG) Pancakes Pears Slices Milk</p>	<p>22 (MG) Cheerio Cereal Pear Slices Milk</p>	<p>23 Kix Cereal Mandarin Orange Milk</p>	<p>24 (WW) Bagels & Cream Cheese Orange Slices Milk</p>	<p>25 Size Servings Ages 3-5 1.5 Ounces / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p>
<p>26 Size Servings Ages 1-2 1 Ounce / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p>	<p>27 Oatmeal Apple Sauce Milk</p>	<p>28 All Bran Wheat Cereal Mandarin Oranges Milk</p>				<p>Size Servings Ages 3-5 1.5 Ounces / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p>