

AM & PM Snack

February 2023



Montessori Academy of Arcadia

(WG) – Whole Grain (WW) – Whole Wheat

(MG) – Multi Grain

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Size Servings Ages 1-2 1 Ounce / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>			<p>1 (WG) Cereal Mix Apple Sauce Juice and Water</p>	<p>2 (WG) Goldfish Crackers Banana Juice and Water</p>	<p>3 Oatmeal Cookies Orange Slices Juice and Water</p>	<p>4 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>5 Size Servings Ages 1-2 1 Ounce / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>6 Animal Crackers Apple Sauce Juice and Water</p>	<p>7 (WG) Bagels & Cream Cheese Apple Slices Juice and Water</p>	<p>8 Graham Crackers Banana Juice and Water</p>	<p>9 (WG) Saltine Crackers String Cheese Juice and Water</p>	<p>10 Vanilla Yogurt Mandarin Oranges Juice and Water</p>	<p>11 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>12 Size Servings Ages 1-2 1 Ounce / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>13 Ritz Crackers & Cheese Apple Slices Juice and Water</p>	<p>14 (WG) Wheat Crackers Mandarin Oranges Juice and Water</p>	<p>15 (WG) Cereal Mix Apple Sauce Juice and Water</p>	<p>16 (WG) Goldfish Crackers Banana Juice and Water</p>	<p>17 Oatmeal Cookies Orange Slices Juice and Water</p>	<p>18 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>19 Size Servings Ages 1-2 1 Ounce / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>20 School Closed Presidents' Day</p>	<p>21 (WG) Bagels & Cream Cheese Apple Slices Juice and Water</p>	<p>22 Graham Crackers Banana Juice and Water</p>	<p>23 (WG) Saltine Crackers String Cheese Juice and Water</p>	<p>24 Vanilla Yogurt Mandarin Oranges Juice and Water</p>	<p>25 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>26 Size Servings Ages 1-2 1 Ounce / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>27 Ritz Crackers & Cheese Apple Slices Juice and Water</p>	<p>28 (WG) Wheat Crackers Mandarin Oranges Juice and Water</p>				<p>Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>