

AM & PM Snack

June 2022



Montessori Academy of Arcadia

WG – Whole Grain WW – Whole Wheat MG – Multi Grain

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
Size Servings Ages 1-2 1 Ounces / 3/8 Cup 1/2 Slice / 1/4 Cup 1/4 Cup 1/4 Cup 3/4 Cup			(WG) Cereal Mix Apple Sauce Juice & Water	WG) Goldfish Crackers Banana Juice & Water	Vanilla Yogurt Peach Slices Juice & Water	Size Servings Ages 3-5 1.5 Ounces / 3/8 Cup 1/2 Slice / 1/4 Cup 1/4 Cup 1/4 Cup 3/4 Cup
5	6	7	8	9	10	11
Size Servings Ages 1-2 1 Ounces / 3/8 Cup 1/2 Slice / 1/4 Cup 1/4 Cup 1/4 Cup 3/4 Cup	Animal Crackers Apple Slices Juice & Water	Graham Crackers Orange Slices Juice & Water	(WG) Mini Bagels With Cream Cheese Banana Juice & Water	(WG) Vanilla Yogurt Mandarin Oranges Juice & Water	(WG) Crackers String Cheese Oranges Slices Juice & Water	Size Servings Ages 3-5 1.5 Ounces / 3/8 Cup 1/2 Slice / 1/4 Cup 1/4 Cup 1/4 Cup 3/4 Cup
12	13	14	15	16	17	18
Size Servings Ages 1-2 1 Ounces / 3/8 Cup 1/2 Slice / 1/4 Cup 1/4 Cup 1/4 Cup 3/4 Cup	Ritz Crackers & Cheese Apple Slices Juice & Water	Oatmeal Cookies Orange Slices Juice & Water	(WG) Cereal Mix Apple Sauce Juice & Water	(WG) Goldfish Crackers Banana Juice & Water	Vanilla Yogurt Peach Slices Juice & Water	Size Servings Ages 3-5 1.5 Ounces / 3/8 Cup 1/2 Slice / 1/4 Cup 1/4 Cup 1/4 Cup 3/4 Cup
19	20	21	22	23	24	25
Size Servings Ages 1-2 1 Ounces / 3/8 Cup 1/2 Slice / 1/4 Cup 1/4 Cup 1/4 Cup 3/4 Cup	School Closed in observance for Juneteenth	Graham Crackers Orange Slices Juice & Water	(WG) Mini Bagels With Cream Cheese Banana Juice & Water	(WG) Vanilla Yogurt Mandarin Orange Juice & Water	(WG) Crackers String Cheese Oranges Slices Juice & Water	Size Servings Ages 3-5 1.5 Ounces / 3/8 Cup 1/2 Slice / 1/4 Cup 1/4 Cup 1/4 Cup 3/4 Cup
26	27	28	29	30		
Size Servings Ages 1-2 1 Ounces / 3/8 Cup 1/2 Slice / 1/4 Cup 1/4 Cup 1/4 Cup 3/4 Cup	Ritz Crackers & Cheese Apple Slices Juice & Water	Oatmeal Cookies Orange Slices Juice & Water	(WG) Cereal Mix Apple Sauce Juice & Water	(WG) Goldfish Crackers Banana Juice & Water		Size Servings Ages 3-5 1.5 Ounces / 3/8 Cup 1/2 Slice / 1/4 Cup 1/4 Cup 1/4 Cup 3/4 Cup

