

Breakfast

March 2023

PRIMANTI
MONTESSORI
ACADEMY



(WG) - Whole Grain (WW) - Whole Wheat (MG) - Multi Grain

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>			<p>1 (WG) Waffles Pineapple Chunks Milk and Water</p>	<p>2 Bran Muffins Mandarin Orange Milk and Water</p>	<p>3 (WW) Bagels & Cream Cheese Orange Slices Milk and Water</p>	<p>4 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>5 Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>6 Oatmeal Apple Slices Milk and Water</p>	<p>7 (WG) Pancakes Peach Slices Milk and Water</p>	<p>8 (MG) Cheerios Cereal Pear Slices Milk and Water</p>	<p>9 English Muffins Banana Milk and Water</p>	<p>10 (WW) Toast & Jelly Apple Sauce Milk and Water</p>	<p>11 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>12 Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>13 (WG) Toast & Jelly Peaches Milk and Water</p>	<p>14 All Bran Wheat Cereal Apple Sauce Milk and Water</p>	<p>15 (WG) Waffles Pineapple Chunks Milk and Water</p>	<p>16 Bran Muffins Mandarin Orange Milk and Water</p>	<p>17 (WW) Bagels & Cream Cheese Orange Slices Milk and Water</p>	<p>18 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>19 Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>20 Oatmeal Apple Slice Milk and Water</p>	<p>21 (WG) Pancakes Peach Slices Milk and Water</p>	<p>22 (MG) Cheerios Cereal Pear Slices Milk and Water</p>	<p>23 English Muffins Banana Milk and Water</p>	<p>24 (WW) Toast & Jelly Apple Sauce Milk and Water</p>	<p>25 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>26 Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>27 (WG) Wheat Toast Peaches Milk and Water</p>	<p>28 All Bran Wheat Cereal Apple Sauce Milk and Water</p>	<p>29 (WG) Waffles Pineapple Chunks Milk and Water</p>	<p>30 Bran Muffins Mandarin Orange Milk and Water</p>	<p>31 (WW) Bagels & Cream Cheese Orange Slices Milk and Water</p>	<p>Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>