

Lunch

March 2023

WG – Whole Grain

WW – Whole Wheat

MG – Multi Grain



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|---|---|--|
| <p>Size Servings Ages 1-2 1 Ounce / 3/8 Cup</p> <p>1/2 Slice / 1/4 Cup 1/4 Cup 1/4 Cup 3/4 Cup</p> | | | <p>1</p> <p>(WG) Cheese Macaroni Steamed Peas Pear Slices Milk and Water</p> | <p>2</p> <p>(WG) Chicken Flautas Spanish Rice Steamed Mixed Vegetables Fruit Cocktail Milk and Water</p> | <p>3</p> <p>(WW) Turkey & Cheese Sandwiches Potato Wedges Steamed Vegetables Mixed Fruit Milk and Water</p> | <p>4</p> <p>Size Servings Ages 3-5 1.5 Ounces / 3/8 Cup 1/2 Slice / 1/4 Cup 1/4 Cup 1/4 Cup 3/4 Cup</p> |
| <p>5</p> <p>Size Servings Ages 1-2 1 Ounce / 3/8 Cup 1/2 Slice / 1/4 Cup 1/4 Cup 1/4 Cup 3/4 Cup</p> | <p>6</p> <p>(WG) Fettuccini Alfredo With Chicken Steamed Vegetables Apple Slices Milk and Water</p> | <p>7</p> <p>(WG) Chicken Noodle Stir Fry Steamed Broccoli Apple Slices Milk and Water</p> | <p>8</p> <p>Chicken Burgers (WW) Potato Wedges Baby Carrots/Infants Steamed Carrots Fruit Cocktail Milk and Water</p> | <p>9</p> <p>(WG) Soft Chicken Tacos Mexican Rice Steamed Mixed Vegetables Banana Slices Milk and Water</p> | <p>10</p> <p>(WG) Chicken Salad w/ grated Carrots & Apple Sandwich Baby Carrots & Ranch/Infants Steamed Carrots Orange Slices Milk and Water</p> | <p>11</p> <p>Size Servings Ages 3-5 1.5 Ounces / 3/8 Cup 1/2 Slice / 1/4 Cup 1/4 Cup 1/4 Cup</p> |
| <p>12</p> <p>Size Servings Ages 1-2 1 Ounce / 3/8 Cup 1/2 Slice / 1/4 Cup 1/4 Cup 1/4 Cup 3/4 Cup</p> | <p>13</p> <p>(WG) Cheese & Spinach Ravioli w/ Pasta Sauce Garlic Bread Peach Slices Milk & Water</p> | <p>14</p> <p>BBQ chicken Steamed Rice Steamed Broccoli Apples Slices Milk and Water</p> | <p>15</p> <p>Cheese Pizza Baby Carrots/Infants Steamed Carrots With Ranch Banana Slices Milk and Water</p> | <p>16</p> <p>(WG) Cheese & Bean Burritos Spanish Rice Steamed Green Beans Peach Slices Milk and Water</p> | <p>17</p> <p>Chicken Tenders Mashed Potatoes Peas Orange Slices Milk & Water</p> | <p>18</p> <p>Size Servings Ages 3-5 1.5 Ounces / 3/8 Cup 1/2 Slice / 1/4 Cup 1/4 Cup 1/4 Cup</p> |
| <p>19</p> <p>Size Servings Ages 1-2 1 Ounce / 3/8 Cup 1/2 Slice / 1/4 Cup 1/4 Cup 1/4 Cup 3/4 Cup</p> | <p>20</p> <p>(WG) Spaghetti with Meat Sauce Steamed Green Beans Peach Slices Milk and Water</p> | <p>21</p> <p>Teriyaki Chicken Steamed Rice Steamed Broccoli Mandarin Oranges Milk and Water</p> | <p>22</p> <p>(WW) Grilled Cheese Sandwiches Carrots & Ranch Dressing/Infants Steamed Carrots Banana Slices Milk and Water</p> | <p>23</p> <p>(WW) Cheese Quesadillas Spanish Rice Steamed Vegetables Fruit Cocktail Milk & Water</p> | <p>24</p> <p>Chicken Nuggets Mashed Potatoes (WW) Bun Steamed Peas Orange Slices Milk and Water</p> | <p>25</p> <p>Size Servings Ages 3-5 1.5 Ounces / 3/8 Cup 1/2 Slice / 1/4 Cup 1/4 Cup 1/4 Cup 3/4 Cup</p> |
| <p>26</p> <p>Size Servings Ages 1-2 1 Ounce / 3/8 Cup 1/2 Slice / 1/4 Cup 1/4 Cup 1/4 Cup 3/4 Cup</p> | <p>27</p> <p>(WG) Baked Ziti with Ricotta & Mozzarella Steamed Green Beans Garlic Bread Apple Slices Milk and Water</p> | <p>28</p> <p>Chicken Fried Rice Steamed Broccoli Pineapple Chunks Milk and Water</p> | <p>29</p> <p>Sloppy Joes on a (WW) Bun Potato Wedges Peas and Carrots Banana Slices Milk and Water</p> | <p>30</p> <p>(WG) Chicken Taquitos Mexican Rice With Corn Mixed Fruit Milk and Water</p> | <p>31</p> <p>Popcorn Chicken w/BBQ Sauce Mashed Potato Steamed Corn Orange Slice Milk & Water</p> | <p>Size Servings Ages 3-5 1.5 Ounces / 3/8 Cup 1/2 Slice / 1/4 Cup 1/4 Cup 1/4 Cup 3/4 Cup</p> |