

AM & PM Snack

March 2023

**PRIMANTI
MONTESSORI
ACADEMY**



(WG) - Whole Grain (WW) - Whole Wheat (MG) - Multi Grain

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Size Servings Ages 1-2 1 Ounce / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p>			<p>1 (WG) Cereal Mix Apple Sauce Animal Crackers Juice and Water</p>	<p>2 (WG) Goldfish Crackers Banana Saltine Crackers Juice and Water</p>	<p>3 Whole Wheat Crackers Orange Slices Chex Mix Juice and Water</p>	<p>4 Size Servings Ages 3-5 1.5 Ounces / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup</p>
<p>5 Size Servings Ages 1-2 1 Ounce / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p>	<p>6 (WG) Goldfish Crackers Apple Sauce Ritz Crackers Juice and Water</p>	<p>7 (WW) Mini Bagel & Cream Cheese Apple Slices Animal Crackers Juice and Water</p>	<p>8 Graham Crackers Banana Pretzels Juice and Water</p>	<p>9 Wheat Crackers Banana Cheese It Crackers Juice and Water</p>	<p>10 Vanilla Yogurt Mandarin Oranges Graham Crackers Juice and Water</p>	<p>11 Size Servings Ages 3-5 1.5 Ounces / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p>
<p>12 Size Servings Ages 1-2 1 Ounce / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p>	<p>13 Ritz Crackers & Cheese Apple Slices Pretzels Juice and Water</p>	<p>14 (WG) Wheat Thins Mandarin Oranges Graham Crackers Juice and Water</p>	<p>15 (WG) Cereal Mix Apple Sauce Animal Crackers Juice and Water</p>	<p>16 (WG) Goldfish Crackers Banana Saltine Crackers Juice and Water</p>	<p>17 Whole Wheat Crackers Orange Slices Chex Mix Juice and Water</p>	<p>18 Size Servings Ages 3-5 1.5 Ounces / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p>
<p>19 Size Servings Ages 1-2 1 Ounce / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p>	<p>20 (WG) Goldfish Crackers Apple Sauce Ritz Crackers Juice and Water</p>	<p>21 (WW) Mini Bagel & Cream Cheese Apple Slices Animal Crackers Juice and Water</p>	<p>22 Graham Crackers Banana Pretzels Juice and Water</p>	<p>23 Wheat Crackers Banana Cheese It Crackers Juice and Water</p>	<p>24 Vanilla Yogurt Mandarin Oranges Graham Crackers Juice and Water</p>	<p>25 Size Servings Ages 3-5 1.5 Ounces / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p>
<p>26 Size Servings Ages 1-2 1 Ounce / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p>	<p>27 Ritz Crackers & Cheese Apple Slices Pretzels Juice and Water</p>	<p>28 (WG) Wheat Thins Mandarin Oranges Graham Crackers Juice and Water</p>	<p>29 (WG) Cereal Mix Banana Animal Crackers Juice and Water</p>	<p>30 (WG) Goldfish Crackers Banana Saltine Crackers Juice and Water</p>	<p>31 Whole Wheat Crackers Orange Slices Chex Mix Juice and Water</p>	<p>Size Servings Ages 3-5 1.5 Ounces / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p>