

Breakfast

March 2021

(WG) - Whole Grain (WW) - Whole Wheat (MG) - Multi Grain

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>1 (WG) French Toast Peaches Milk and Water</p>	<p>2 All Bran Cereal Apple Sauce Milk and Water</p>	<p>3 (WG) Waffles Pineapple Chunks Milk and Water</p>	<p>4 Kix Cereal Mandarin Orange Milk and Water</p>	<p>5 WW) Bagels & Cream Cheese Orange Slices Milk and Water</p>	<p>6 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>7 Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>8 Oatmeal Orange Slices Milk and Water</p>	<p>9 (WG) Pancakes Peach Slices Milk and Water</p>	<p>10 (MG) Cheerio Cereal Pear Slices Milk and Water</p>	<p>11 English Muffins Banana Milk and Water</p>	<p>12 (WW) Toast & Jelly Apple Sauce Milk and Water</p>	<p>13 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>14 Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>15 (WG) French Toast Peaches Milk and Water</p>	<p>16 All Bran Cereal Apple Sauce Milk and Water</p>	<p>17 (WG) Waffles Pineapple Chunks Milk and Water</p>	<p>18 Kix Cereal Mandarin Orange Milk and Water</p>	<p>19 (WW) Bagels & Cream Cheese Orange Slices Milk and Water ilk</p>	<p>20 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>21 Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>22 Oatmeal Orange Slice Milk and Water</p>	<p>23 (WG) Pancakes Peach Slices Milk and Water</p>	<p>24 (MG) Cheerio Cereal Pear Slices Milk and Water</p>	<p>25 English Muffins Banana Milk and Water</p>	<p>26 (WW) Toast & Jelly Apple Sauce Milk and Water</p>	<p>27 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>28 Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>29 (WG) French Toast Peaches Milk and Water</p>	<p>30 All Bran Cereal Apple Sauce Milk and Water</p>	<p>31 (WG) Waffles Pineapple Chunks Milk and Water</p>			<p>Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>