

Lunch

May 2023

WG – Whole Grain

WW – Whole Wheat

MG – Multi Grain

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Size Servings Ages 1-2 1 Ounce / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>1 Meat Lasagna Steamed Vegetables Garlic Bread Peach Slices Milk & Water</p>	<p>2 Chicken Fried Rice Steamed Broccoli Pineapple Chunks Milk and Water</p>	<p>3 Sloppy Joes on a (WW) Bun Potato Wedges Peas and Carrots Orange Slices Milk and Water</p>	<p>4 (WG) Cheese Quesadillas Mexican Rice Mixed Vegetables Mixed Fruit Milk & Water</p>	<p>5 Chicken Tenders Mashed Potatoes Peas Banana Milk & Water</p>	<p>6 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>7 Size Servings Ages 1-2 1 Ounce / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup</p>	<p>8 (WG) Spaghetti with Meat Sauce Steamed Green Beans Peach Slices Milk and Water</p>	<p>9 Teriyaki Chicken Steamed Rice Broccoli Mandarin Oranges</p>	<p>10 Chicken Burgers (WW) Potato Wedges Carrots Sticks Fruit Cocktail Milk and Water</p>	<p>11 (WG) Chicken Taquitos Mexican Rice Corn Mixed Fruit Milk and Water</p>	<p>12 Chicken Salad Sandwiches (WW) Carrot Sticks Banana Milk and Water</p>	<p>13 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup</p>
<p>14 Size Servings Ages 1-2 1 Ounce / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>15 (WG) Cheese & Spinach Ravioli w/Marinara Sauce Steamed Peas Pear Slices Milk and Water</p>	<p>16 BBQ chicken Steamed Rice Broccoli Apples Slices Milk and Water</p>	<p>17 Cheese Pizza Carrot Sticks With Ranch Banana Milk and Water</p>	<p>18 (WG) Cheese & Bean Burritos Spanish Rice Steamed Green Beans Peach Slices</p>	<p>19 Chicken Nuggets Mashed Potatoes (WW) Bun Peas Orange Slices Milk and Water</p>	<p>20 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup</p>
<p>21 Size Servings Ages 1-2 1 Ounce / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>22 (WG) Fettuccini Alfredo With Chicken Mixed Vegetables Fruit Cocktail Milk and Water</p>	<p>23 (WG) Chicken Noodle Stir Fry Steamed Broccoli Apple Slices Milk and Water</p>	<p>24 (WW) Grilled Cheese Sandwich Carrots with Ranch Dressing Banana Milk and Water</p>	<p>25 (WG) Chicken & Cheese Flautas Spanish Rice Mixed Vegetables Fruit Cocktail Milk and Water</p>	<p>26 (WG) Turkey & Cheese Sandwich Carrot Sticks w/ Ranch Orange Slices Milk and Water</p>	<p>27 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>28 Size Servings Ages 1-2 1 Ounce / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>29 Memorial Day School Closed</p>	<p>30 Orange Chicken Vegetable Fried Rice Broccoli Pineapple Chunks Milk and Water</p>	<p>31 (WW) Cheese Macaroni Steamed Peas Banana Milk & Water</p>			<p>Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>