



Montessori Academy of Arcadia

AM & PM Snack September 2022

WG – Whole Grain WW – Whole Wheat MG – Multi Grain

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>				<p>1 (WG) Goldfish Crackers Banana Juice & Water</p>	<p>2 Vanilla Yogurt Peach Slices Juice & Water</p>	<p>3 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>4 Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>5 School Closed Labor Day</p>	<p>6 Graham Crackers Orange Slices Juice & Water</p>	<p>7 (WG) Mini Bagels With Cream Cheese Banana Juice & Water</p>	<p>8 (WG) Soft Pretzels Sticks Apple Sauce Juice & Water</p>	<p>9 (WG) Saltine Crackers String Cheese Oranges Slices Juice & Water</p>	<p>10 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>11 Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>12 Ritz Crackers & Cheese Apple Slices Juice & Water</p>	<p>13 Oatmeal Cookies Orange Slices Juice & Water</p>	<p>14 (WG) Cereal Mix Apple Sauce Juice & Water</p>	<p>15 (WG) Goldfish Crackers Banana Juice & Water</p>	<p>16 Vanilla Yogurt Peach Slices Juice & Water</p>	<p>17 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>18 Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>19 Animal Crackers Apple Slices Juice & Water</p>	<p>20 Graham Crackers Orange Slices Juice & Water</p>	<p>21 (WG) Mini Bagels With Cream Cheese Banana Juice & Water</p>	<p>22 (WG) Soft Pretzels Sticks Apple Sauce Juice & Water</p>	<p>23 (WG) Saltine Crackers String Cheese Oranges Slices Juice & Water</p>	<p>24 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>25 Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>26 Ritz Crackers & Cheese Apple Slices Juice & Water</p>	<p>27 Oatmeal Cookies Orange Slices Juice & Water</p>	<p>28 (WG) Cereal Mix Apple Sauce Juice & Water</p>	<p>29 (WG) Goldfish Crackers Banana Juice & Water</p>	<p>30 Vanilla Yogurt Peach Slices Juice & Water</p>	<p>Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>

